



The Parish Post

Benefice of Veryan with Ruan Lanihorne

July 2023



“Rest is not idleness, and to lie sometimes on the grass under trees on a summer’s day, listening to the murmur of the water, or watching the clouds float across the sky, is by no means a waste of time.” - John Lubbock

The parishes of VERYAN and RUAN LANIHORNE

VERYAN
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(All Saints) United Church
Church Steward
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Pengelly Farm
West Portholland [501471]

Hon. Secretary
Mrs Jeanne Hitchings
End Cottage, Portloe [501114]

Hon. Treasurer
Mrs Joyce Gilbert
Porthjulyan
Pendower Road
Veryan [501365]

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Castle Towers
Ruan Lanihorne
[501855]
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Mrs Holly Ledson
Hon. Treasurer
Mrs Carol Hughes

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Services in our benefice in June

Sunday 2nd July Trinity 4

Ruan. 9.30am Holy Communion
Portloe. 10.30am. Morning Worship
Veryan. 11am Eucharist
(Revd Linda Whetter)

Sunday 9th July Trinity 5

Portloe 10.30am. Morning Worship
Veryan 11am. Eucharist
(Revd Martyn Pinnock)

Sunday 16th July Trinity 6

Ruan. 9.30am. Matins
Portloe 10.30am Morning Worship
Veryan 11am Eucharist
(Bishop Graham)

Sunday 23rd July Trinity 7

Portloe 9.30am Holy Communion
Veryan 11am Service of the Word
(David Hughes)

Sunday 30th July Trinity 8

Portloe 9.30am Morning Worship
Veryan 11am Service of the Word
(Fr Doug Robbins)

From the registers

Baptism. 11.06.23
Gwilym George Stephens
Funeral. 05.06.23
William (Billy) John Dingle. Age 83
Interment of ashes. 19.06.23
Anthony Geddes Cowen

Readings for June [Veryan]

Sunday 2nd July Trinity 4

Jeremiah 28, 5-9 [p 293] Doreen
Romans 6, 1b – 11 Blair
Psalms 89, 1-4 & 15-18 [p 1208]
Matthew 10, 40-end

Sunday 9th July Trinity 5

Zechariah 9, 9-12 [p 299] John
Romans 7, 15-25a Julia
Psalms 145, 8-14 [p 1284]
Matthew 11, 16-19 25-30

Sunday 16th July Trinity 6

Isaiah 55, 10-13 [p305] Chris
Romans 8, 1-11 Sue
Psalms 65, 9-13 [p 1172]
Matthew 13, 1-9 & 18-23

Sunday 23rd July Trinity 7

Wisdom of Solomon 12, 13, 16-19
[p 311]
Romans 8, 1-11 Valerie & Brian Willis
Psalms 86, 11-17 [p 1206]

Sunday 30th July Trinity 8

1 Kings 3, 5-12 [p 318] John
Romans 8, 1-11 Julia
Psalms 119, 129-136
Matthew 13, 31-33, 44-52

Sunday 6th August Transfiguration

Daniel 7, 9, 10, 13, 14 [p 1119]
Doreen
2 Peter 1, 16-19 Blair
Psalms 97 [p 1220]
Luke 9, 28-36



News from the PCC

Exciting updates from the PCC this month! The church organ will be undergoing service, the bells are being serviced and the clock tower restoration is about to begin with the help of Dawsons. We're happy to announce that our planning application for tree trimming and tree removal has been approved. A huge thank you to David and Carol Hughes for their incredible work on restoring the fascia boards, boot scrapers, and gutters - they look fantastic!

The concert at the end of July was a great success. Encouragingly the card reader worked well (despite a few teething issues) and it gave visitors flexibility when paying for tickets and refreshments. We are increasingly seeing visitors to the church utilise the paying by card option.

We're still in the process of discussing improvements and alterations inside the Church. Finding contractors for the job has proven to be a challenge, but Carol is dedicated to getting some quotes together. Reverend Douglas Wren offered us some great advice; to make the transition as smooth as possible one should involve the community in the planning process. With that in mind we will be displaying the plans and welcoming questions at our upcoming Summer Fete.



Speaking of the Summer Fete, we're currently in full swing with our plans! Check out page XXX for more details. We can't wait for you to join us!



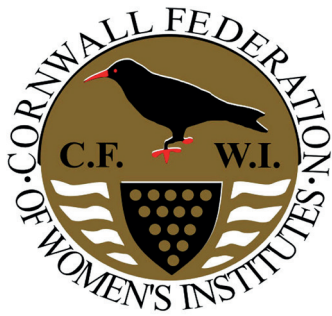
OH! WHAT A NIGHT!

Last Friday Veryan church reverberated to the uplifting and unique sound of The Devil's Hatband. The band's name refers to barbed wire in the fences which were progressively used across the USA restricting a cowboy's freedom to roam and curtailing a way of life.

The excellent acoustics in Veryan church enhanced the band's Hillbilly folk vibe and we were treated to a range of Gospel, Folk, Golden Oldies, and soulful ballads, on guitar, banjo, fiddle and soap box base with the occasional ukulele, spoons, and melodious saw!

The band's enthusiasm and extraordinary musicianship was very well received and a splendid toe tapping time was had by all. The event raised over £500!

Our thanks to everyone who came to support the event, to Veryan Stores, and to the Devil's Hatband. We hope to hear them in Veryan again.



Veryan WI

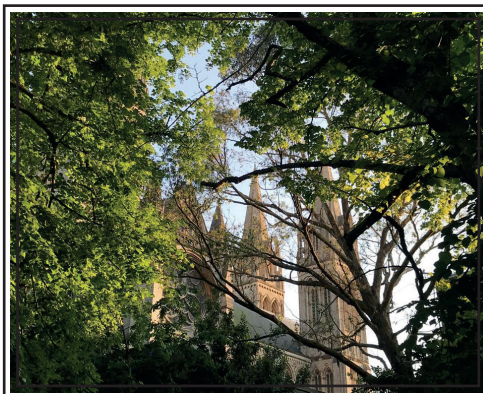
Instead of meeting in the Hall for our June meeting we were in Truro for a very interesting walk round the city with a Blue Badge guide, we started and finished at the war memorial in Boscawen Street taking in some of the prominent buildings as well as some of the less well-known sites, learning how Truro had developed and evolved over the centuries.

June is quite a busy month for Veryan WI as by the time this is published, we will have joined St Just WI for a concert featuring The Champagne Chorus in Gerrans Memorial Hall.

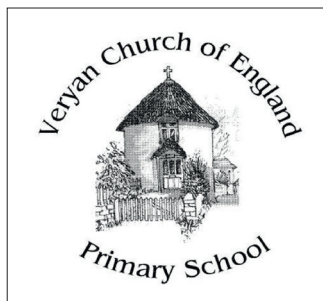
In July we will be back in the Hall for an update on the work of The Cornish Blood Bikes, apparently their role has changed considerably since we last heard from them.

We will also celebrate our 105th year with a tea party at the Alverton Hotel in Truro.

We meet on the first Tuesday of the month at 7:30 pm in Veryan Parish Hall. Visitors and potential members are always welcome, for further information please contact Mary Earp on 01872 501636.



Veryan CE Primary School



As part of our “reward and recognise” system the children earned a special treat day, and they chose an unforgettable trip to the beach. It was a day of triumph for many who had never walked that far before, and everyone did incredibly well, keeping high spirits despite the warm weather. When we finally reached the beach, we were rewarded with a refreshing water fight and delicious ice pops. The staff also felt rewarded as they witnessed the children giving their best and having a blast. The phrase “This is the best day ever” echoed through the air, showcasing the immense joy experienced by all.

We were honored to welcome Reverend Douglas Wren, the new Reverend and Oversight Minister for the Roseland Parishes. Our team of Spiritual Mentors proudly showed him around the school, sharing their duties and responsibilities. We look forward to seeing him again in the school very soon.

Our Year 5 & 6 students embarked on an amazing residential trip to Porthpean Outdoor Activity Centre in St Austell. They had the opportunity to try out various activities, including Mega Sup Pirating, seal spotting, kayaking, and many more. Their behavior and enthusiasm were a testament to the excellence of our small school.

July is a vibrant month filled with exciting events. We have Sports day, the Summer Play, and Y6 transition days to their new secondary schools. We would like to express our heartfelt gratitude to the Church for their generous donation towards the Year 6 students’ school uniforms.

Mark your calendars for July 12th, as we invite you to our Summer Play, Peter Pan, on the grassy area with the sundial (opposite the pub) at 5:30 PM. All are welcome, and we can’t wait to see you there!

- Emily Bennett, School Secretary

ST SYMPHORIAN CHURCH
Presents

Veryan Church

Summer Fête

**AT SCHOOL
GARDENS**

**SAT 12TH AUGUST
2 - 5PM**

FREE ENTRY FOR EVERYONE

what's on?

**LIVE MUSIC
BRIC-A BRAC
BOOKSTALL
PRE-LOVED CLOTHES
REFRESHMENTS**

**CHILDREN'S
ENTERTAINMENT
GAMES
ARTS & CRAFTS
STALLS... AND MORE**

We're looking for the following to help make the day a success:

Bric-a-brac

Can be dropped off at Eglos Coth (Trewartha Chapel)
Trewartha TR2 5QJ

Books

Can be left at the back of the Church after August 1st

Pre-loved clothes

Can be left at the back of the Church after August 1st
Ladies & children's clothes only. NO shoes, bags.

CAN YOU HELP?

For collection, please call Julia Pound

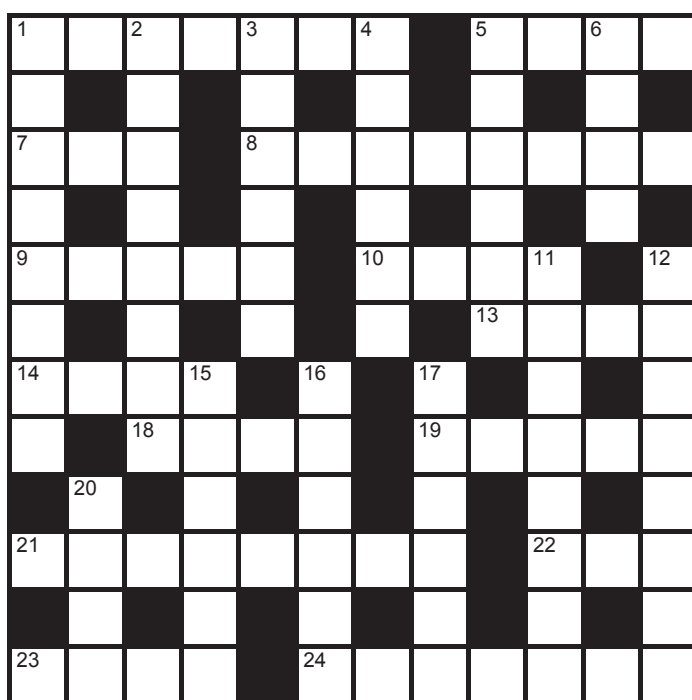
QUICK BIBLE CROSSWORD XIV

Across

- 1 Announce (7)
- 5 Attire (4)
- 7 Shared at the last supper (3)
- 8 Moral virtue (8)
- 9 Abimelech's was crushed by a millstone (5)
- 10 False god (4)
- 13 Bridegroom, for one (4)
- 14 Dry measure (4)
- 18 Judas and Jesus dipped here together (4)
- 19 Swift flying bird (5)
- 21 More powerful (8)
- 22 Number of chapters in Haggai (3)
- 23 Name given to Barnabas (4)
- 24 Frustrates (7)

Down

- 1 Ruling (8)
- 2 Caught (8)
- 3 Heavenly beings (6)
- 4 Hebrew name for God (6)
- 5 Price of redemption (6)
- 6 What Moses saw burning (4)
- 11 Expression of gladness (8)
- 12 Unselfish (8)
- 15 Treasures (6)
- 16 The Anointed One (6)
- 17 Language of Israel (6)
- 20 Number of books in the Pentateuch (4)



by Philologus

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6		4	9	5				8
7		9			8	4	5	
8	5		7		4	6		
	8			1			6	
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	4	1			2	3		8
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1		8		4		5		
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Medium Sudoku

JULY 2023		FALMOUTH							
Date		HEIGHTS ABOVE CHART DATUM							
		High Water				Low Water			
		Morning		Afternoon		Morning		Afternoon	
		Time	m	Time	m	Time	m	Time	m
1 SA		02 49	4.5	15 19	4.7	09 31	1.2	21 59	1.1
2 SU		03 46	4.7	16 12	4.9	10 27	1.0	22 55	0.9
3 M	○	04 41	4.8	17 03	5.1	11 21	0.8	23 49	0.7
4 TU		05 36	4.9	17 55	5.2			12 13	0.7
5 W		06 29	4.9	18 46	5.3	00 41	0.5	13 03	0.6
6 TH		07 20	4.9	19 36	5.3	01 31	0.4	13 51	0.6
7 F		08 09	4.9	20 24	5.2	02 19	0.4	14 37	0.6
8 SA		08 58	4.7	21 14	5.0	03 06	0.5	15 23	0.7
9 SU		09 48	4.6	22 05	4.8	03 53	0.7	16 11	0.9
10 M	☾	10 42	4.4	23 01	4.6	04 43	0.9	17 03	1.2
11 TU		11 41	4.3			05 36	1.2	17 59	1.4
12 W		00 04	4.4	12 48	4.2	06 36	1.4	19 03	1.5
13 TH		01 15	4.2	13 56	4.2	07 42	1.5	20 14	1.5
14 F		02 23	4.2	14 54	4.4	08 51	1.4	21 23	1.4
15 SA		03 19	4.3	15 43	4.5	09 52	1.3	22 22	1.3
16 SU		04 08	4.4	16 26	4.7	10 45	1.2	23 12	1.1
17 M	●	04 51	4.5	17 06	4.8	11 31	1.1	23 56	1.0
18 TU		05 32	4.6	17 45	4.9			12 11	1.1
19 W		06 11	4.6	18 23	4.9	00 34	1.0	12 47	1.1
20 TH		06 48	4.6	18 58	4.9	01 09	1.0	13 18	1.1
21 F		07 22	4.6	19 30	4.9	01 38	1.0	13 46	1.2
22 SA		07 54	4.6	20 00	4.8	02 05	1.1	14 12	1.2
23 SU		08 23	4.5	20 30	4.7	02 32	1.2	14 40	1.3
24 M		08 53	4.4	21 03	4.6	03 03	1.3	15 14	1.4
25 TU	☾	09 30	4.3	21 46	4.4	03 40	1.4	15 55	1.6
26 W		10 21	4.2	22 45	4.3	04 26	1.6	16 48	1.7
27 TH		11 27	4.1	23 56	4.2	05 26	1.7	17 57	1.8
28 F				12 39	4.2	06 40	1.7	19 17	1.8
29 SA		01 11	4.3	13 53	4.4	07 57	1.6	20 33	1.5
30 SU		02 27	4.4	15 00	4.6	09 08	1.4	21 42	1.2
31 M		03 33	4.6	15 58	4.9	10 13	1.1	22 45	0.9

All times are G.M.T. for non-shaded areas add 1 hour

Time Zone UT(GMT)



✝ *All those who are away from home*

✝ *All those who are awaiting operations*

✝ *All those who are turning to God for comfort or forgiveness*

✝ *All those worried about a next chapter in thier lives*

✝ *All those who are feeling unhappy or trapped*

✝ *All those who have lost love ones*



A prayer for July

Loving Father,

July brings long days and summer pleasures, for many, but not for all. Lord, we pray for those who are finding life to be a struggle; for families with no hope of a holiday this year; for parents who don't know how they will feed their children during the upcoming long school break; for those who are lonely, or discouraged, or isolated, or afraid.

Lord, we pray for justice and compassion from those in positions of power and responsibility.

And please Lord, show us how to help, how to be part of the solution. May we, as your children, reflect your loving kindness wherever we can. May your Kingdom come on earth, through us.

In Jesus' name.

Amen

*By Daphne Kitching
(via The Parish Pump)*

Holy Days in July, a focus on.....

Mary & Christopher

*On 22nd July we remember Mary Magdalene.
What do we really know about Mary?*

Fake news is not new. Perhaps one old example is the assertion that Mary Magdalene was a prostitute. Back in the 6th Century, Pope Gregory is said to have confused her with two other women in the Bible. Medieval Bible scholars also attempted to name an unidentified sinful woman who had washed and anointed the feet of Jesus. As Mary Magdalene is mentioned in the next chapter, they regarded her as the same person! After this, many classical artists painted Mary in various states of undress, perpetuating a falsehood.

So what do we really know about Mary? The Gospels tell us that she came from Magdala, a town in Galilee, and Jesus healed her by casting out seven evil spirits. After this she followed Jesus, with other women, on His ministry providing resources. Later, Mary watched Jesus die on the cross, and having cared for His needs while He was alive, wanted to care for Him after His death.

It was when Mary went to anoint the body of Jesus at the tomb that the risen Jesus appeared to her. He told Mary to go to His disciples and tell them about His return to Heaven. She was obedient and became the first emissary of the resurrection. In those days, the witness of a woman was worthless. Despite ridicule, Mary had the courage to speak about Jesus in a place of great disbelief. We have to ask ourselves do we have the same courage as Mary? How prepared are we to stand our ground to share Jesus with others in the face of those who mock and scoff at us?

Although we usually associate Mary with the Easter story, this month on 22nd July, the Church celebrates her Feast Day. In this snapshot of Mary's life we know she had experienced great distress and suffering. After Jesus healed her, Mary expressed her gratitude by being utterly committed and devoted to Him.

Jesus can give everyone a new start; a new purpose and direction in life. Like Mary we can thank Him for blessing us, loving us and forgiving us and moving into practical forms of service. Only Jesus can transform our lives so that we can glorify God in all that we do.

*On 25th July we remember
St Christopher, patron saint of motorists.*

The legend goes that St Christopher was a Canaanite who lived in the 3rd century. He was a giant of a man, of fearsome appearance. At first he decided to serve the devil, but when he discovered that the devil was afraid of Christ and His Cross, Christopher decided to serve Christ instead. A nearby hermit instructed Christopher in the Christian faith and assigned to him a place near a river: Christopher's job was to help travellers cross it safely.

All went well, and Christopher helped lots of people on their way until one day a child came along and asked to be carried across. Christopher put him on his back and set off, but was soon staggering under the astonishing weight of this child. The child then told him that He was in fact Jesus Christ, and that He carried the weight of the whole world. The Christ-child then told Christopher to plant his staff in the ground: the next day it bore flowers and dates – confirmation that the child was indeed who He claimed to be.

After some time more of helping travellers cross the river, Christopher went to the city of Lycia, where he preached the gospel with such success that the Roman emperor (Decius?) had him arrested and imprisoned – especially when Christopher refused to sacrifice to the gods. Two women sent into his cell to seduce him came out converted Christians instead. So Christopher was beaten, shot with arrows and finally beheaded.

Christopher has been well-loved of the English down the centuries. Many wall-paintings of him have been placed on the north wall of churches, opposite the porch, so that he would be seen by all who entered. There was good reason for this: as patron saint of travellers, it was believed that anyone who saw an image of St Christopher would not die that day. As the ancient saying goes: 'Behold St Christopher and go thy way in safety'.

A kind of daily insurance policy against death – this was so good that in due course St Christopher became the patron saint of motorists. There is even a church in the Javel area of Paris where Citroen cars are made, that is dedicated to St Christopher. In modern times, with the increase in air and motorway travel, Christopher has remained popular. When in 1969 the Holy See reduced his feast day, there was a sharp protest in several countries, led in Italy by a number of popular film stars. If you ever travel in a taxi on the Continent, look out for a little St Christopher hanging from the rear-view mirror beside the driver. Now you know why it is there!

QUICK BIBLE CROSSWORD XIV - SOLUTION

D	E	C	L	A	R	E		R	O	B	E
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C	U	P		G	O	O	D	N	E	S	S
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	F		C		R		B		H		R
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	V		E		S		E		E		U
Z	E	U	S		T	H	W	A	R	T	S

Across: 1 Declare, 5 Robe, 7 Cup, 8 Goodness, 9 Skull, 10 Idol, 13 Male, 14 Omer, 18 Dish, 19 Eagle, 21 Mightier, 22 Two, 23 Zeus, 24 Thwarts.

Down: 1 Decision, 2 Captured, 3 Angels, 4 Elohim, 5 Ransom, 6 Bush, 11 Laughter, 12 Generous, 15 Riches, 16 Christ, 17 Hebrew, 20 Five.

Bible Crossword by BiblePuzzles.org.uk

6	3	4	9	5	1	2	7	8
7	2	9	3	6	8	4	5	1
8	5	1	7	2	4	6	9	3
5	8	3	2	1	9	7	6	4
4	1	6	5	3	7	9	8	2
9	7	2	8	4	6	1	3	5
1	6	7	4	8	3	5	2	9
3	4	5	6	9	2	8	1	7
2	9	8	1	7	5	3	4	6

4	8	3	7	6	5	1	2	9
9	2	6	1	3	4	8	7	5
5	1	7	2	8	9	6	4	3
8	6	9	4	1	3	2	5	7
7	4	1	5	9	2	3	6	8
3	5	2	6	7	8	4	9	1
6	9	5	3	2	1	7	8	4
1	7	8	9	4	6	5	3	2
2	3	4	8	5	7	9	1	6

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