



The Parish Post

Benefice of Veryan with Ruan Lanihorne

September 2023



"September days have the warmth of summer in their briefer hours, but in their lengthening evenings a prophetic breath of autumn." — Rowland E. Robinson

The parishes of VERYAN and RUAN LANIHORNE

VERYAN

(St Symphorian) Parish Church Churchwardens

Julia Pound, Calendra Farm
churchwarden@veryanchurch.org.uk
Pippa Stephens, Cherry Tree Cottage
churchwarden1@veryanchurch.org.uk

Hon. Secretary

Mandy Holloway

secretary@veryanchurch.org.uk

Treasurer

Mrs Carol Hughes

Castle Towers

Ruan Lanihorne

[501855]

treasurer@veryanchurch.org.uk

PORTLOE

(All Saints) United Church Church Steward

Mr Trounce Guy

Pengelly Farm

West Portholland [501471]

Hon. Secretary

Mrs Jeanne Hitchings

End Cottage, Portloe [501114]

Hon. Treasurer

Mrs Joyce Gilbert

Porthjulyan

Pendower Road

Veryan [501365]

RUAN LANIHORNE

(St Rumon) Parish Church

Churchwardens

Mr David Hughes

Castle Towers

Ruan Lanihorne

[501855]

Mrs Caroline Martin [501697]

Hon. Secretary

Mrs Holly Ledson

Hon. Treasurer

Mrs Carol Hughes

Submissions for the Newsletter

Pippa Stephens

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Veryan [501652]

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Services in our benefice in September

Sunday 3rd September Trinity 13

Ruan. 9.30am Holy Communion
(Rev. Douglas Wren)

Portloe. 10.30am. Morning Worship

Veryan. 11am Eucharist
(Rev. Douglas Wren)

Sunday 10th September Trinity 14

(Education Sunday)

Portloe 10.30am. Morning Worship

Veryan 11am. Eucharist

Sunday 17th September Trinity 15

Ruan. 9.30am. (David Hughes)

Portloe 10.30am Morning Worship

Veryan 11am Eucharist

Sunday 24th September Trinity 16

Portloe 9.30am Holy Communion

(Rev. Douglas Wren)

Veryan 11am Service of the word
(David Hughes)

Sunday 1st October Trinity 17

Ruan. 9.30am. Holy Communion

Portloe 10.30am Morning Worship

Veryan 6pm Evening Service

From the registers

August 2nd, cremation

Marion Tregunna
Aged 93

May they rest in peace and rise in Glory

Readings for September [Veryan]

Sunday 3rd September Trinity 13

Jeremiah 15, 15-21 [p 348] John

Romans 12, 9-end Julia

Psalms 26, 1-8 [p 1123]

Matthew 16, 21-end

Sunday 10th September Trinity 14

(Education Sunday)

Ezekiel 33, 7-11 [p 353] Margaret

Romans 13, 8-end Sue J

Psalms 119, 33-40 [p 1253]

Matthew 18, 15-20

Sunday 17th September Trinity 15

Genesis 50, 15-21 [p 359] Doreen

Romans 14, 1-12 Blair

Psalms 103, 8-13 [p 1226]

Matthew 18, 21-35

Sunday 24th September Trinity 16

Jonah 3, 10 to 4, 11 Valerie & Brian

Philemon 1, 21 to end

Psalms 145, 1-8 [p 1283]

Matthew 20, 1-16

Sunday 1st October Trinity 17

Deuteronomy 8, 7-18

Luke 12, 16-30

Psalms 65

*readers to be chosen closer
to the time*

Dear brothers and sisters

This coming Sunday will be the last before the Generosity Fika. It will give us an opportunity to meet with fellow Christians from across the Roseland.

- We will be studying the Bible together.
- There will be a focus on God and his generosity.
- There will be inspiring stories of others who have encountered generosity.
- It will touch on money, which is an issue for all of our PCCs.
- For those who haven't yet met me, this will be a great time to do that.
- There will be cake.

Thank you to those who have already signed up or who have let me know that they can't be with us for whatever reason.

People can sign up by emailing me using this address, calling me on 01872 229861, writing to me at 39 Fore Street, TR2 5RW or inviting me to supper in order to tell me face to face. The deadline for bookings is 2pm on Friday 8th.

**The Diocese of Truro Generous Giving Team
welcome all churches on the Roseland to a**

GENEROSITY FIKA

**on Saturday 9th September at Tregony Church Hall,
from 9am for a prompt 9:30am start until 1pm,
followed by a bring and share lunch together**

What is a FIKA?

fika (*fee-ka*) SWEDISH:
noun or verb

"a moment of quality time to
savour with others,
accompanied by hot
beverage and cakes"



Come along and enjoy conversation, coffee and cake in a relaxed environment! A 'FIKA' explores God's generosity through the Bible and around the world. Using films, articles and activities and allowing reflection and discussion, this relaxed time will help us to cultivate the abundant, generous life God desires for us.



- Please contact Revd Douglas Wren to sign up
- Please bring a pen and pencil and some lunch to share.
- If you have chance please read the attached reflections in preparation. You will be given a paper copy of this on the day

Everyone is welcome! I look forward to seeing you there!

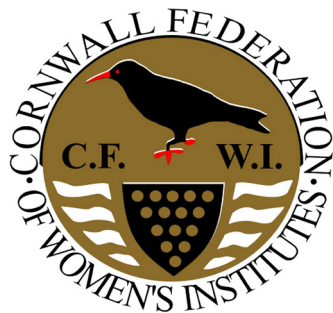
Christine Salaman, Generous Giving Advisor

THANK YOU!

To everyone who helped with the Church Fete!

Those who helped organise, set up, run a stall, clear down and everything in between!

We raised over £1000, which is a fantastic amount. Hooray!



Veryan WI

Veryan WI is always pleased to welcome new members. During the past year we have welcomed members from Veryan itself, as well as a dual member from St Blazey. Whilst most of our members live in Veryan, membership of the WI is not restricted to the village and one of our Co-Presidents lives in Probus, which has no WI. We have a wide-ranging programme of speakers and visits which has kept the Institute active for an unbroken 105 years. July was a busy month for Veryan WI - we celebrated our special birthday with delicious afternoon tea at The Alverton in Truro.

Our August meeting is usually a garden visit. This month we went to Tregrehan, just outside St Austell. Tregrehan has been owned and lived in by the same family since 1565, the current owner a descendant of the Carlyons. The garden was largely laid out by Edward Carlyon in the 1840's and continues today under the current owner, who is a plant collector. The garden is famous for its' champion trees and shrubs from all around the world, which create a temperate rainforest in its sheltered position. Mr. Moore, Head Gardner, gave us a short talk about the garden and the restoration of the Victorian glasshouses, before we walked through the rare plants and unusual areas of all shades of green, followed by tea and cake. A visit is highly recommended.

Our speakers and visits this year have been both entertaining and informative. The WI is a modern organisation for women of all ages – yes, some of us make jam but the WI has much wider interests today and we would be pleased to see you, either as a visitor or permanent member. Think about the winter nights ahead...come and socialise with us. We shall be making and serving tea as usual at Veryan Autumn Show on Sat 16th September. Membership and visitor queries: please contact Co-President Mary Earp on 01872 501636

News from the Bells

There will be visiting ringers on 9th September from Wales at 3.00pm and October 7th at 9.30 am from Midlands.

The work to the West Clock has been finished and it is looking fantastic
See before and after photos courtesy of Carol Hughes.



Over to you.....

Articles, observations, events and musings from our readers!

for your welcomed submissions, email: veryanparishnewsletter@gmail.com



Poppies!

Thank you so much to everyone who has made the effort, however small or large, to our poppy display.

We will begin constructing the display this month, if you have any poppies to add, please can you leave them at the back of the church.

With thanks

Nicola, Jo, Yolande & Ros



Confirmation Classes:

Confirmation Classes will be starting in September to help people from across the Roseland explore being a Christian in the Church of England. If you are interested please have a word with Douglas 01872 229861. A Confirmation Service will be taking place at Veryan in November.





Why not get into Indoor Bowls?

It's a great way to...
Have fun, Make friends, Keep fit

Come along to our Taster weekend

Veryan Indoor Bowls Club
Sat 23 & Sun 24 Sept 2023
10am – 4pm

FREE use of equipment
FREE guidance
FREE refreshments
FREE prize draw



No need to book – just drop in. Free parking.



SERVICE OF THANKSGIVING

FOR BISHOP PHILIP & RUTH MOUNSTEPHEN

You are invited to attend a
Choral Evensong service of thanksgiving & farewell
for Bishop Philip & Ruth Mounstephen

Sunday, September 17, 4pm
at Truro Cathedral

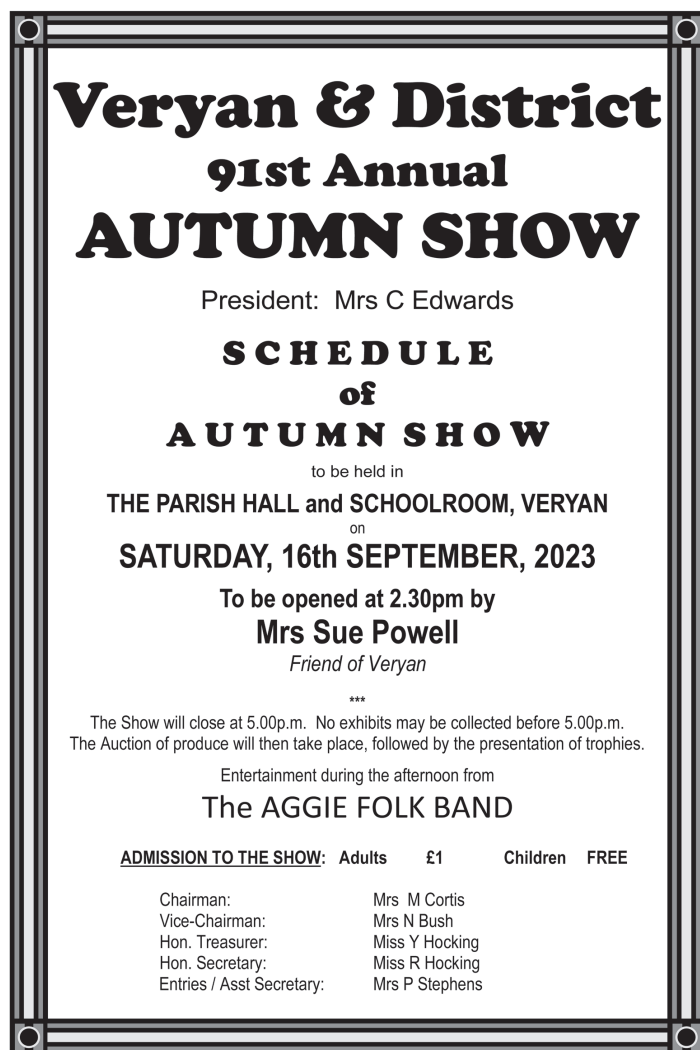
This will be followed by an informal time with refreshments
and an opportunity to thank +Philip and Ruth

This is an open event to which everyone is invited.
Please share it as widely as possible. There is no need to RSVP



Clergy and Readers are invited
to robe if they would like to





Veryan & District Autumn Show

Plans are well in hand for the 91 st Veryan and District Autumn Show that will take place on Saturday, 16th September in Veryan Parish Hall following a four-year absence.

The schedules are now available and if anyone would like to receive a copy, please call me, Ros Hocking, on 01872 501538 or email ros.hocking@googlemail.com with contact details. Schedules will also be available to pick up from various businesses in the area.

Entries to be submitted to:

Pippa Stephens

Cherry Tree Cottage, Veryan, TR2 5QA

- The house is on the small cut through lane in between the pub and the shop. There is a letterbox outside the house for entry forms -

The Aggie Folk Band will provide musical entertainment during the afternoon.

Refreshments will be provided in the School Garden, which is opposite the Parish Hall, by Veryan Women's Institute.

The show comprises classes for vegetables, fruits, flowers, cookery, handicrafts, flower arranging, art and photography with classes in all sections for children. Cups for the winning entries in all the sections will be presented at the end of the show following the auction of produce.

The themes for the photography classes are-

Adults On the Water

Out of My Window

Celebration

Black and White Photograph – Weather

Set of Four Photographs – Doors

Children Happy Face/s

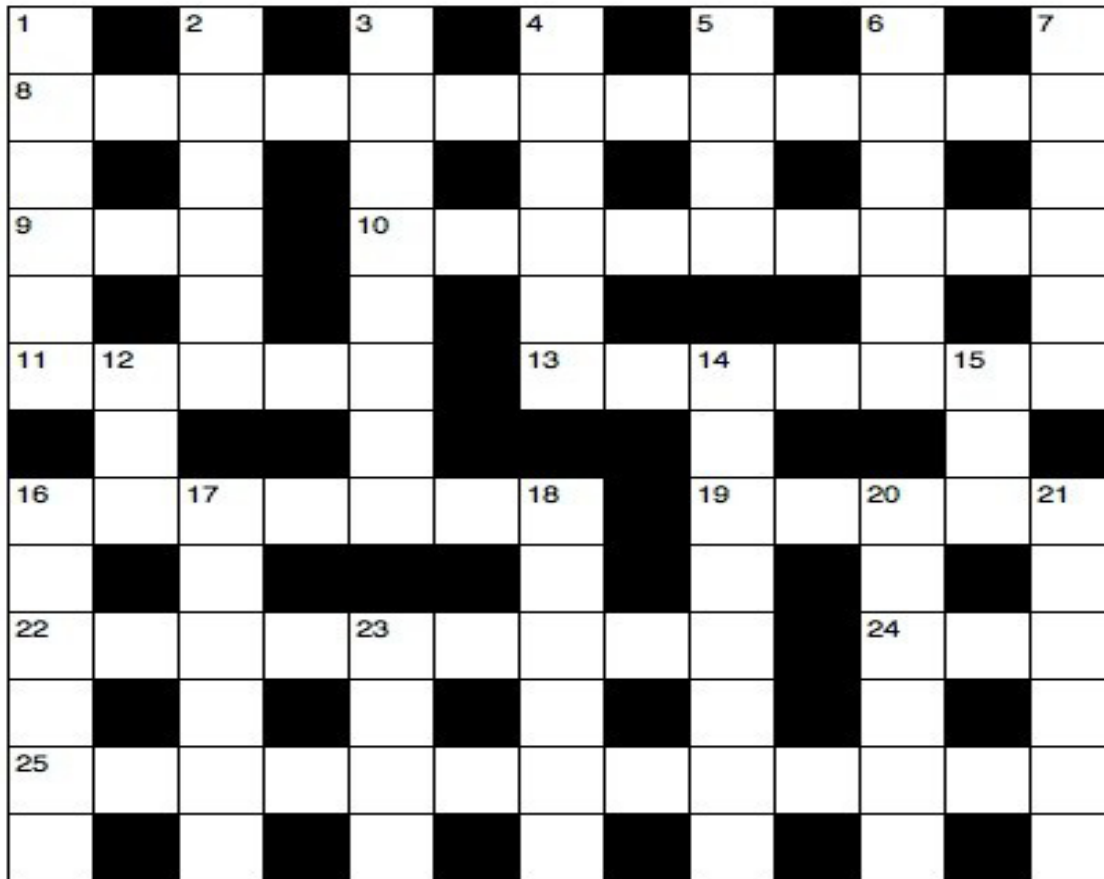
Best Friend

Red, White and Blue

There is an eight-line poetry competition for school years 2 to 4 and years 5 to 6. This year's poem is entitled 'Our Fragile Earth'. The poem should contain the words 'Birds, Beasts, Butterflies, Beetles, Blossom, Berries'. The winner of this class will be presented with the 'President's Plate'.

A fun class is the one for the Adult Limerick, the theme of which this year is 'Coronation'.

Ros Hocking
Secretary



Across

- 8 Where the Ark of the Covenant was kept for 20 years (1 Samuel 7:1) (7,6)
 9 One of the parts of the body on which blood and oil were put in the ritual cleansing from infectious skin diseases (Leviticus 14:14-17) (3)
 10 Uncomfortable (3,2,4) 11 'Yet I have loved Jacob, but Esau I have — ' (Malachi 1:3) (5)
 13 Where Paul said farewell to the elders of the church in Ephesus (Acts 20:17) (7)
 16 'Jesus bent down and — to write on the ground with his finger' (John 8:6) (7)
 19 Prophet from Moresheth (Jeremiah 26:18) (5)
 22 Comes between Exodus and Numbers (9)
 24 and 2 Down 'Then Elkanah went home to Ramah, but the boy ministered before the Lord under — the — ' (1 Samuel 2:11) (3,6)
 25 There was no room for them in the inn (Luke 2:7) (4,3,6)

Down

- 1 Rough drawing (2 Kings 16:10) (6)
 2 See 24 Across
 3 Underground literature (including Christian books) circulated in the Soviet Union (8)
 4 Lo, mash (anag.) (6)
 5 The Bible's shortest verse: 'Jesus — ' (John 11:35) (4)
 6 'Can a mother forget the baby at her — and have no compassion on the child she has borne?' (Isaiah 49:15) (6)
 7 Can be seen in a dying fire (Psalm 102:3) (6)
 12 'Send me, therefore, a man... experienced in the — of engraving, to work in Judah and Jerusalem' (2 Chronicles 2:7) (3)
 14 Second city of Cyprus (8)
 15 United Nations Association (1,1,1)
 16 One of the women who first heard that Jesus had risen from the dead (Mark 16:1) (6)
 17 Braved (anag.) (6)
 18 — of Evangelism, outreach initiative in the 1990s (6)
 20 'Woe to those who are wise in their own eyes and — in their own sight' (Isaiah 5:21) (6)
 21 'Neither — nor depth... will be able to separate us from the love of God' (Romans 8:39) (6)
 23 What Jesus shed in 5 Down (4)



- ✝ *All those who are away from home*
- ✝ *All those worried about their job security*
- ✝ *All those awaiting operations or recovering from operations*
- ✝ *All those who have lost loved ones*
- ✝ *All those who are starting school or university*
- ✝ *All those struggling to pay bills*
- ✝ *All those who are working for the armed forces*
- ✝ *All those who are suffering from war*

A prayer for September

September is a time of change, a change of season, changes in many areas of our lives as a new term begins and new opportunities present themselves. It can be a time of challenge and uncertainty for many of us as well as excitement. Thank you Lord, that You never change, Your promises never change, Your Holy-Spirit inspired Word never changes. You are constant and rock-solid, always.

Help us to remember that You make all things new when we put our trust in Jesus, You give us new life and new ways of understanding, but help us also to remember that You never contradict Your revealed self. Help us always to check out our thinking with what You say in Your Word. Help us to be faithful to You as we take each step forward, each new day.



By

SEPTEMBER 2023

FALMOUTH

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 F	06 01	5.3	18 15	5.7	00 20	0.1	12 40	0.2
2 SA	06 45	5.4	18 59	5.7	01 05	-0.0	13 22	0.1
3 SU	07 25	5.3	19 40	5.5	01 45	0.0	14 00	0.2
4 M	08 01	5.2	20 17	5.2	02 22	0.2	14 36	0.4
5 TU	08 34	4.9	20 51	4.9	02 56	0.6	15 11	0.8
6 W	09 09	4.6	21 27	4.4	03 31	1.1	15 50	1.3
7 TH	09 52	4.3	22 14	4.0	04 11	1.6	16 39	1.8
8 F	10 52	4.0	23 41	3.7	05 04	2.0	17 45	2.1
9 SA			13 00	3.9	06 18	2.2	19 15	2.2
10 SU	01 52	3.7	14 18	4.1	08 00	2.2	21 09	1.9
11 M	02 52	4.0	15 09	4.4	09 28	1.8	22 00	1.5
12 TU	03 36	4.3	15 51	4.7	10 15	1.5	22 40	1.2
13 W	04 15	4.6	16 28	4.9	10 54	1.2	23 16	1.0
14 TH	04 51	4.8	17 04	5.1	11 29	1.0	23 49	0.8
15 F	05 27	4.9	17 39	5.1			12 01	0.9
16 SA	06 02	5.0	18 12	5.1	00 18	0.8	12 28	0.9
17 SU	06 34	5.0	18 41	5.1	00 43	0.8	12 53	0.9
18 M	07 01	4.9	19 04	5.0	01 08	0.8	13 18	0.9
19 TU	07 19	4.8	19 21	4.9	01 34	0.9	13 45	1.0
20 W	07 30	4.8	19 37	4.7	02 02	1.0	14 15	1.1
21 TH	07 53	4.6	20 10	4.5	02 32	1.2	14 49	1.4
22 F	08 39	4.4	21 14	4.2	03 09	1.5	15 33	1.7
23 SA	10 19	4.2	23 14	4.0	04 01	1.9	16 43	2.0
24 SU	11 57	4.1			05 30	2.1	18 39	2.0
25 M	00 50	4.0	13 25	4.3	07 28	2.0	20 18	1.6
26 TU	02 16	4.3	14 37	4.7	08 51	1.5	21 27	1.1
27 W	03 18	4.7	15 33	5.1	09 53	1.1	22 23	0.6
28 TH	04 07	5.0	16 21	5.4	10 46	0.6	23 13	0.3
29 F	04 52	5.3	17 07	5.6	11 34	0.3	23 58	0.1
30 SA	05 36	5.4	17 51	5.7			12 18	0.1

All times are G.M.T. for non-shaded areas add 1 hour
Time Zone UT(GMT)

Holy Days in September, a focus on.....

St Giles of Provence & St John Chrysostom

1st September St Giles of Provence – helping those damaged by life

St Giles was an immensely popular saint in the Middle Ages, and no wonder: he was the patron saint of cripples. In those days, there were many people who, once injured, were never really whole again. Even today, a serious injury – either physical or mental or emotional, can leave us damaged for months, years or even longer. At such times, we, too, find inspiration in others who, though also damaged by life, have not been overwhelmed.

St Giles was probably born in Provence, southern France early in the 7th century. The 10th century *Legenda Aurea* (Golden Legend) tells us he lived as a holy hermit deep in the forest of Nîmes, near the mouth of the Rhone. A hind, or Red Deer, was his only companion. Then one day, while out hunting, King Wamba spotted the deer, and pursued it. The hind fled back to St Giles for protection. King Wamba shot an arrow which missed the deer but pierced the saint who was protecting it. Thus the king encountered the saint. The saint's acceptance of his injury, and his holiness greatly impressed the king, who conceived a great admiration for St Giles.

In the end, much good came out of the original harm of the encounter, for the king built St Giles a monastery in his valley, Saint-Gilles-du-Gard. The little monastery was put under the Benedictine rule and became a source of blessing for the area roundabout. In later years, St Giles' shrine would become an important pilgrimage centre on the route for both Compostela and the Holy Land, as well as in its own right.

There is a further story connected with St Giles. Another legend tells how an emperor sought forgiveness from him for a sin so terrible he dared not even confess it. While St Giles said Mass, he saw written for him by an angel the nature of the sin in question. But his prayers for the emperor were so efficacious that the letters naming the sin faded away. As Christians, we know that the Bible urges us to pray for others, no matter how hopelessly bad they seem, because Christ's mercy and forgiveness are extended to everyone who truly turns to Him and repents.

St Giles, the crippled saint who helped others find wholeness with God, became patron saint of cripples, lepers and nursing mothers. In England 162 ancient churches are dedicated to him, as well as at least 24 hospitals. The most famous of these are St Giles in Edinburgh and St Giles in Cripplegate, London. In art,

St Giles is represented as either a simple abbot with staff, or protecting the hind, or saying the Mass, and thus interceding for the emperor.

13th September, St John Chrysostom – living a public faith

John Chrysostom (347 – 407) is the saint for anyone who applies their Christianity to public life, and also for anyone who hates travelling in bad weather. Chrysostom did both, and had trouble both times.

Born into a wealthy home in Antioch, John Chrysostom studied both oratory and law. In 373 he became a monk, where his talents were soon spotted by the bishop, who put him in charge of the care of the many poor Christians in the city.

Chrysostom's oratorical skills made him a popular preacher, even when he spoke out against the riots against the emperor's taxes. The emperor, in fact, liked him so much that he had him made Archbishop of Constantinople in 397. Then the trouble began: because Chrysostom had firm moral views, and wanted to reform the corrupt morals of the court.

Nobody at court liked that at all – especially the Empress, whose make-up, clothes and behaviour were all criticised by Chrysostom. (It's as if Justin Welby began calling the Queen's dress sense or Kate's lipstick immoral.) When his enemies claimed that he had gone on to call her a 'Jezebel', the emperor had to exile him – until an earthquake scared everyone into recalling this strict Archbishop – just in case God was trying to tell them something. Even the Empress was shaken – for a while.

A few years later, Chrysostom was exiled again over another false charge – and forced to travel for many miles in appalling weather. If you've been stranded in any heat-waves or thunderstorms this summer, imagine walking up the M6 in that – for weeks on end. In the end, Chrysostom died in September, on the road to Pontus.

His body was later brought back to Constantinople, and over the ensuing centuries, the Church came to see him as having been a great church leader, in fact, one of the Four Greek Doctors (with Athanasius, Basil and Gregory of Nazianzus).

{Articles from the Parish Pump}

S		P		S		S		W		B		E
K	I	R	I	A	T	H	J	E	A	R	I	M
E		I		M		A		P		E		B
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ANSWERS

ACROSS: 8, Kiriath Jearim. 9, Toe. 10, Ill at ease. 11, Hated. 13, Miletus. 16, Started. 19, Micah. 22, Leviticus. 24, Eli. 25, Mary and Joseph.

DOWN: 1, Sketch. 2, Priest. 3, Samizdat. 4, Shalom. 5, Wept. 6, Breast. 7, Embers. 12, Art. 14, Limassol. 15, UNA. 16, Salome. 17, Adverb. 18, Decade. 20, Clever. 21, Height. 23, Tear.

from The Parish Pump