

FEBRUARY 2024 -

"Happy moments, praise God. Difficult moments, seek God. Quiet moments, worship God. Painful moments, trust God. Every moment, thank God." – Anon

# PARISH POST

Benefice of Veryan with Ruan Lanihorne

## Sunday Service Times

(see back page for more details)

### VERYAN

EVERY SUNDAY 11.00 AM

### RUAN LANIHORNE

#### 1ST SUNDAY

Holy Communion 9.50 AM

#### 3RD SUNDAY

Matins 9.50 AM

### PORTLOE

#### 1ST - 3RD SUNDAY

Morning Worship 10.50 AM

#### 4TH SUNDAY

Holy Communion 10.50 AM

## Monthly Worship

### 1ST THURSDAY

Open Prayer Group

Philleigh Community Hall & via

Zoom at 7pm

## What is a Prayer Square?

Can you help share some love through our community?



Do you know anyone who would like to receive our newsletter?

Do you have an interesting story to share?

email:  
veryanparishnewsletter@gmail.com

## A Weekend to Remember: The Hera Shipwreck Memorial

### Reflecting On a Century-Old Saga

On the first weekend of February we had a moving homage to the Hera, a vessel whose demise over a century ago deeply stirred our coastal community. The adventure began with a compelling talk by Kevin Patience, who brought the ill-fated ship back to life with his detailed account of that fateful night when the Hera struck Gull Rock and sank, leaving only five survivors. The church brimmed with eager listeners, each absorbing the history unfurling before them. But it was not just words that we were offered; Kevin brought with us tangible pieces of history, including a ship's bell, a large piece of coal and a beautiful replica boat made by Kevin himself. *(continued on pg2)*



*Representatives from the RNLI and National Coastwatch by the grave of the Hera*



*Love the Lord your God with all your heart, with all your soul, with all your strength, and with all your mind; and love your neighbour as yourself. – Jesus Christ*







*The Hera grave with the wreath laid*

spin on the Hera's story. "Trouble On Deck!" headlined one article, proving the timeless allure of storytelling and its power to educate and enlighten.

### **Fundraising Success and Its Ripple Effect**

The weekend was more than reflection and remembrance; it was action through fundraising. Over £300 was raised for the RNLI and National Coastwatch, a testament to our commitment to those who keep our waters safe. The success of these efforts is twofold — it honours those who were claimed by the sea and supports those who defend against further tragedy.

The resonance of this event was felt in the compelling stoicism of the attendees and the harmonious efforts of those who orchestrated the memorial. An eventful weekend, indeed, which will reverberate through our local history and into the hearts of generations to come.

It is crucial to keep such memories alive, not merely for the sake of history but for the lessons that they hold, and the legacy they carry forward. As the sun set on Sunday, it marked not an end, but the continuation of the Hera's voyage through our collective memory and the lasting impact of those it touched.

*Thank you to all who spoke, attended, and gave, ensuring that the tale of the Hera, a narrative woven into the fabric of our community, continues to be told and remembered.*

### **A Solemn Saturday**

Saturday was not merely a day, but a chapter that bound us together. Community spirit shone as brightly as the winter sun, with almost every seat within the church occupied. The people's connection to the Hera's legacy still strong, finding new roots as memorabilia and pictures emerged — touchstones connecting past to present.

### **Sunday: A Day of Commemoration**

The weekend's zenith was the Sunday memorial service where poignant silence spoke loudest. Over thirty representatives from the RNLI and National Coastwatch joined us, their uniforms as much a tribute as the wreath laid upon the grave of the crew. This wreath, an offering of splendour from Nicola Bush, not only represented our remembrance but also our continuing bond with the sea.

Intertwined were the voices of tomorrow, with Veryan School's children displaying vibrant newspaper articles showcasing their



*Fr Douglas Robins during the service*



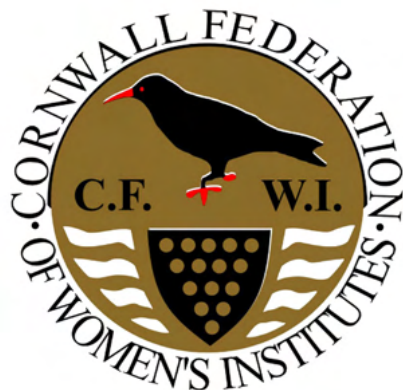
*The bell from The Hera*



*Coal used to power the unique boiler*

# What's gone on?

A summary of what's been going on in the village and surrounding areas



## VERYAN WOMENS INSTITUTE

**2024 has started with 2 fantastic meetings. A monthly summary to follow...**



## VERYAN CE PRIMARY SCHOOL

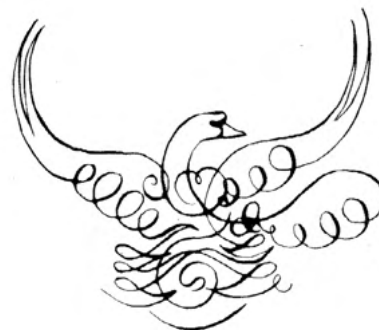
We came back with a bang after Christmas! With the children enjoying their topics and taking part in a variety of exciting activities.

Children from Kiberick Class took part in the Roseland Academy Cross Country running event. It was a challenging course for all the age groups and our children showed great determination in completing their distances. The Veryan Team spirit was wonderful; they supported one another throughout the whole event. Our team came third overall out of nine schools which was an excellent result!

The whole school took part in Numbers Day on Friday February 2nd and raised a fantastic £60 for the NSPCC! We also enjoyed a musical performance from Emma Campbell, Karen Green and Kiberick Class during family worship which was amazing! The whole school walked together to Pendower Beach for an afternoon of activities linked to their topics. The children had lots of fun analysing the rock formations and litter picking and rather enjoyed the windy weather!

We're looking forward to another busy term after our break!

*Ms Caroline Jarrett, Headteacher*



## St Symphorian PCC

## VERYAN CHURCH PCC

The PCC met at the beginning of February to plan what looks to be a very busy 2024.

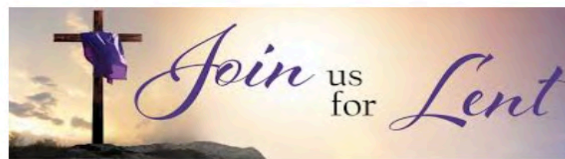
- The path from the church down to the park has deteriorated due to rainfall. The PCC plan to lay a new path
- The safety improvements to the bell tower continue to be in the planning stage. A faculty is needed before work can begin. The PCC are keen to make it safe for visitors to use the pathway as soon as possible
- "First impression" tweaks are being implemented soon. A new sign displaying the opening times has been ordered, and a new mat for the porch to replace the current one which is worn.
- The PCC wish to "make our cold and dark place of worship a place of light and warmth and a welcoming space so we can meet the spiritual and social needs of the whole community". To do this a working party, made up of PCC members and members of the congregation and community, has been set up to ensure we achieve this aim. Watch this space!

*Pippa Stephens, Church warden*

That faith which is never assaulted with doubting is but a fancy. Assuredly that assurance which is ever secure is but a dream. – Robert Bolton



# Lent Services



## Lent Activities on The Roseland

<b>Wed 14th Feb</b>	Ash Wednesday service	St Just-in-Roseland 10.00am
	Ash Wednesday service	Gerrans 7.00pm
<b>Sun 18th Feb</b>	Lent Evensong	St Mawes 6pm
<b>Mon 19th Feb</b>	Craft for Lent	St Mawes 2.00pm.
<b>Thurs 29th Feb</b>	Pilgrimage Illustrated Talk	Veryan 7.00pm
<b>Fri 1st March</b>	World Day of Prayer	St Mawes 2.00pm
<b>Wed 6th March</b>	Lent Lunch with Bishop Graham	St Cuby Church Hall Tregony 12.30pm
<i>(Please sign the list in your church or email <a href="mailto:eileen.waterhouse@btinternet.com">eileen.waterhouse@btinternet.com</a> before Monday 26th February, if you would like to book a place )</i>		
<b>Wed 13th March</b>	Coffee Morning for the Red Cross	St Gerrans 10.30am-12.30
<b>Tues 19th March</b>	Lent Nature Walk	Ruan Lanihorn 2.00pm
<b>Sun 24th March</b>	Evensong	St. Just 6.00pm

### Holy Week

<b>Thurs 28th March</b>	Maundy Thursday Bring and Share Supper and Communion at St. Philleigh 7.00pm	
<b>Fri 29th March</b>	Good Friday services (see church notices for times and details)	
<b>Sun 31st March</b>	Sunrise service	Pendower Beach at 6.30am
	Easter Services in all the churches	

*please note the times for the services: at Gerrans (9.30 am)  
at Philleigh (11.00 am)*

### Prayer Meeting. 8th Feb (next meeting March 14th)

Philleigh Community Hall at 7pm

or via Zoom at:

<https://us02web.zoom.us/j/85908349044?pwd=SHhXK0N1anpCN0tZOGhRVWZWamNxUT09>

Meeting ID: 859 0834 9044.

Passcode: 717165

# What's coming up?

Let's look ahead at events planned for the next month



*Revd Douglas Wren*

## El Camino de Santiago (the Way of St James)

The Way of St James is a network of pilgrims' ways or pilgrimages leading to the shrine of the apostle James in the cathedral of Santiago de Compostela in north-western Spain, where tradition holds that the remains of the apostle are buried. The route was created and established after the discovery of the relics of St James the Great at the beginning of the 9th century and became a major pilgrimage

route of medieval Christianity from the 10th century onwards. On arrival pilgrims traditionally lay their hands on the pillar just inside the doorway of the cathedral, and so many have done this it has visibly worn away the stone.

The route is very popular and attracts walkers, cyclists, people on horseback, and organised tour groups. However, many still follow its routes as a form of spiritual path or retreat for their spiritual growth. In 2015, 230,000 people made the journey on foot. (The Confraternity of St James website offers advice and information on all aspects of the Camino de Santiago)

One of the many people who have completed the pilgrimage is The Revd Douglas Wren, Oversight Minister for the Roseland, who says "Walking the Camino changed my life. The practicalities involved walking over 500 miles in very beautiful countryside but the real beauty was in the people I met and my encounters with God. I'd love to share some of my stories with you."

Thursday 29th February at 7pm in St Symphorian Church, Vryan. All welcome.  
Refreshments. Admission free, donations for Roseland Churches.

**Philleigh Folk**  
& friends ....

**Lynne Heraud  
& Pat Turner**



**Thurs 14th March @ 7.30pm**  
Vryan Sports & Social Club, TR2 5UW

**Tickets £8**

on the door  
→ [visitturro.org.uk](http://visitturro.org.uk)  
01872 274555  
philleighfolk@btinternet.com



VISIT TURRO  
TICKET  
OFFICE

**Warm Hub  
Community Cafe**

CHAT, CONNECT, RELAX & STAY WARM



Free weekly hot lunches, tea & coffee



Advice packs & leaflets



Free Wi-Fi



Board games

A place to catch up with friends and meet new people

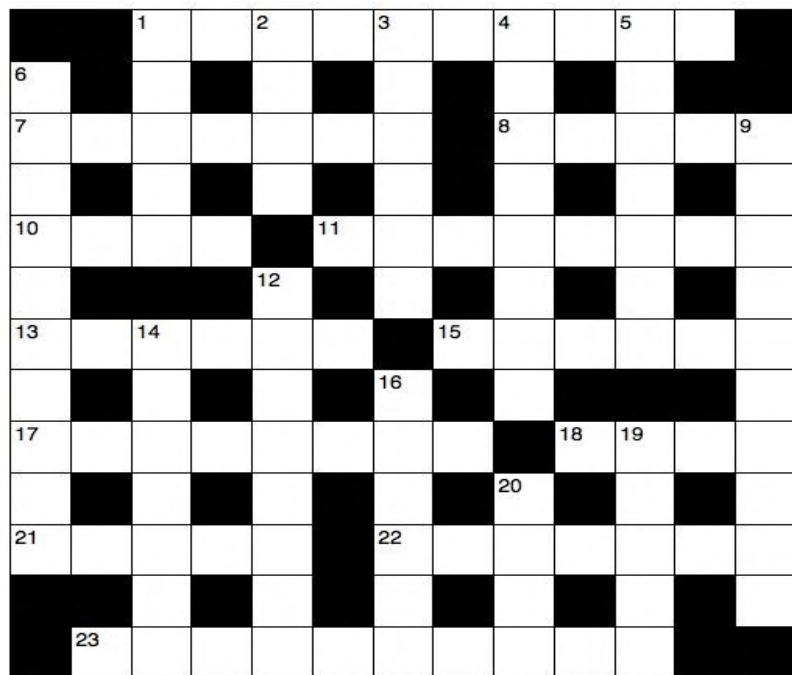
.....

Vryan Parish Hall  
Every Wednesday  
10.30am - 1.30pm

For more info contact Deanne Field  
on 01872 501974  
07775 682139  
dee@bobanddee.co.uk



# Let's take a pause...

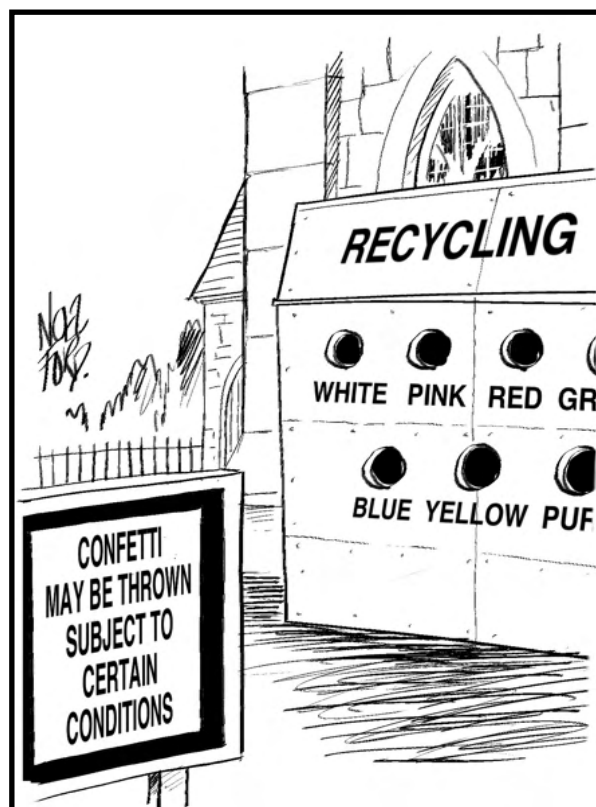
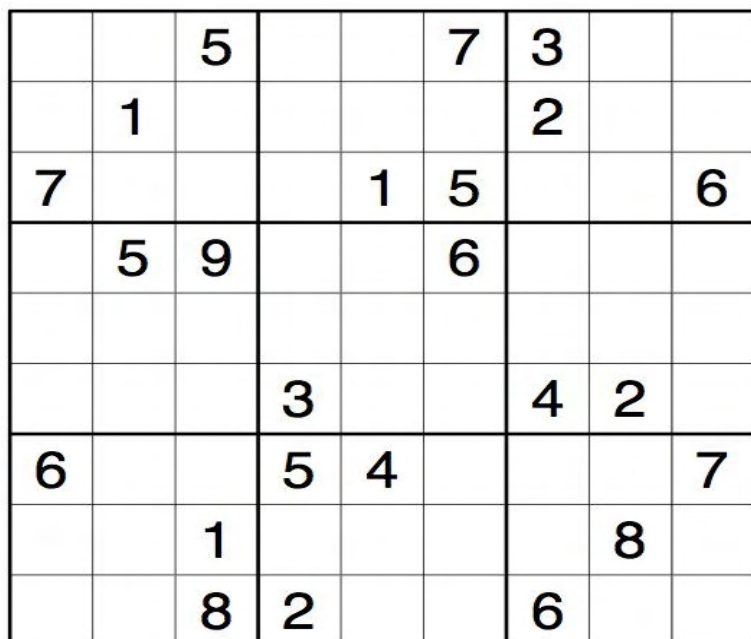


## Across

- 1 Success or wealth (Deuteronomy 28:11) (10)  
 7 Forbidden fruit for Nazirites (Numbers 6:3) (7)  
 8 Concede (Job 27:5) (5)  
 10 Look at (Psalm 48:13) (4)  
 11 Much in evidence after weddings (8)  
 13 Condense (Job 36:27) (6)  
 15 Breakwater (6)  
 17 Give a tan (anag.) (8)  
 18 More usually now called Pentecost, — Sunday (4)  
 21 After living for 365 years, it was said of him that 'he walked with God' (Genesis 5:23-24) (5)  
 22 Trampled (Judges 9:27) (7)  
 23 For example, Miriam, Deborah (Exodus 15:20; Judges 4:4) (10)

## Down

- 1 Arrogance (Proverbs 8:13) (5)  
 2 Roman poet from first century BC (4)  
 3 So rapt (anag.) (6)  
 4 Declare again (2 Corinthians 2:8) (8)  
 5 Paul's 'fellow worker', to whom he sent two epistles (Romans 16:21) (7)  
 6 God's foreseeing care and protection (Job 10:12) (10)  
 9 Traditional form of Roman Catholic Mass (10)  
 12 'The Lord... has given the — of Israel to David and his descendants for ever' (2 Chronicles 13:5) (8)  
 14 'My soul glorifies the Lord and my spirit rejoices in God my —' (Luke 1:46-47) (7)  
 16 The central element in Nebuchadnezzar's dream, identified and interpreted by Daniel (Daniel 2:31) (6)  
 19 'On this rock I will build my church, and the gates of — will not overcome it' (Matthew 16:18) (5)  
 20 City where Paul was under house arrest for two years (Acts 28:16) (4)





# Holy Days for this month

Let's take a look at some significant days and why they are special

## 4TH FEBRUARY PHILEAS

– *brave bishop and martyr of Egypt*

When did you first encounter Christianity? If it was as an adult, then Phileas is a saint for you. His life shows that Truth matters, whenever you encounter it, but is also a warning that you need to count the cost of becoming a Christian.

Phileas was a rich man living in Egypt at the end of the third century, when he first met Christians. Highly educated, he did not convert quickly, but instead studied their Gospels, and also at least part of the New Testament. Only then did he conclude that Jesus was indeed the Son of God.

It was good that Phileas had done his research and was firm in his faith, because after his conversion, events came thick and fast. In those pressured times, the Church hadn't the luxury of long training programmes for leaders, and so Phileas was chosen to be bishop of his city in the Thebaid, a desert region of ancient Egypt.

Sadly, the new bishop hardly ever had a chance to pastor his flock. Soon after his consecration at Alexandria in 303, Phileas was arrested under the edicts of the Roman emperor Diocletian. He spent the next three years in prison, deeply moved by the willing martyrdoms of other Christians around him. Finally, in 306, it was Phileas' turn. He faced the questioning of the prefect, Culcianus, who could not fathom why such a previously wealthy man had thrown his life away to follow some (long dead?) carpenter from Galilee.

Phileas' strength now was that he really knew what the Bible said. And so when questioned about Jesus's divinity, he replied that "... He performed the works of God in power and actuality... He cleansed lepers, made the blind see, the deaf hear, the lame walk, the dumb speak, He drove demons from His creatures at a command; He cured paralytics, raised the dead to life, and performed many other signs and wonders."

Still Culcianus urged him to save his life, by sacrificing to the gods. Phileas again had a biblical answer ready. Paraphrasing St Paul, he said that the sacrifices which God requires are "a pure heart, a spotless soul and spiritual perceptions which lead to deeds of piety and justice..." Pressed one final time, he replied "I have reflected many times, and this is my decision." And so, he was led out and beheaded.

## 24TH FEBRUARY MATTHIAS THE APOSTLE

– *the chosen one*

Have you ever been in the position where someone is desperately needed – and you fit the bill perfectly? It is almost as if all your miscellaneous qualifications that never made much sense before now make PERFECT sense. And you sense that you have been chosen by God for the task....

If so, then Matthias is definitely the patron saint for you! Matthias came into the picture shortly after the suicide of Judas. The early Church was missing an apostle, and so the remaining 11 apostles prayed for guidance on who to choose as a replacement for this key role.

The qualifications for the job were specialised: the person had to have been a follower of Christ from His Baptism to His Ascension, and a witness of the Resurrection. There were two possibilities: Joseph Barsabas and Matthias. How to choose?

Again, Matthias' experience may mirror yours: the decision was out of his hands, and up to others. In this case, the apostles drew straws – and the 'lot' fell to Matthias. He had been chosen to replace Judas! The tragedy of Judas' betrayal had led to an opportunity for service by Matthias – and he was well prepared for the task. Are you prepared for any task that God might suddenly open before you?

Like the other apostles, Matthias had been in Jerusalem and had received the gift of the Holy Spirit at Pentecost, and he went on to do a good job. It is said he preached the Good News first in Judea, and then maybe in Cappadocia and by the Caspian Sea. It is thought he was martyred by the axe or halberd, and his relics eventually ended up being taken to Rome by the empress Helen.

Matthias is an encouragement to us to be faithful in small things – because you never know what the future might hold!

## 29 FEBRUARY OSWALD OF WORCESTER:

– *the saint for Leap Year*

There is a saint for Leap Year. He is St Oswald of Worcester, who died on 29th February 992. His family story was extraordinary, and full of some surprising 'leaps', all by itself. It provides a tantalising glimpse of what happened to at least one of those pagan Viking warriors who settled in Anglo-Saxon Britain.

For Oswald's great-uncle had come to England c 865, as part of the 'Great Heathen Army' of Viking invaders. But his son, Oswald's uncle, Oda, forsook paganism, and not only converted to Christianity, but actually ended up as Archbishop of Canterbury. From there, Oda was in a position to help his nephew, Oswald, which he did.

Oda sent young Oswald to be educated at the abbey of Fleury, then a great centre of learning. There Oswald absorbed the Benedictine ideals which would guide his later life and work. Back in England, he became bishop of Worcester in 961, and with the support of King Edgar, eagerly joined in major reforms of the Anglo-Saxon church. In 972 Oswald was made Archbishop of York, and seems to have taken a great interest in renewing the church in the Danelaw. He founded Ramsey Abbey, which became one of the great Fenland monasteries.

Oswald was popular as an archbishop, and always washed the feet of the poor every Lent. On 29th February 992 he had just completed this service at Worcester when he collapsed and died. In later years, Worcester adopted both him and Wulfstan to be its two chief saints: they flank the tomb of King John, which is before the high altar in the cathedral.

Hatred and bitterness can never cure the disease of fear; only love can do that. Hatred paralyses life; love releases it. Hatred confuses life; love harmonises it. Hatred darkens life; love illumines it. – *Martin Luther King*

# Focus on; Prayer Squares

*So, what's a prayer square?*

It's a piece of knitted or crocheted cloth, less than 5 or so inches square that can function as a small version of prayer shawl—made in prayer, with prayer, for prayer.

Placed in a pocket or backpack or purse, the prayer square serves as a reminder: a reminder to pause and prayer and also a reminder that someone has already prayed for you.



Prayer squares in Churches have passages from the bible or little messages, such as

*“We place in your hand this symbol of comforting hope, a pocket prayer shawl - A little hug from God to carry you through your day. May the presense of someone praying for you bring comforting hope, peace and safe harbour found in each prayful stitch created especially for you”*

If you would like to make and donate a prayer square to our Church for visitors to take (donation to the Church would be optional), the pattern is on the right, more can be found on the internet, and there will be an area on our information table for them to be displayed

With thanks and love.

## Prayer Square -

3.00/3.50mm needles and DK wool  
cast on 27 stitches and knit 6 rows (garter stitch)

7<sup>th</sup> row k4, p19, k4

8<sup>th</sup> row knit to end

9<sup>th</sup> row k4, p8, k3, p8, k4

10<sup>th</sup> row k12, p3, k12

11<sup>th</sup> row k4, p8, k3, p8, k4

12<sup>th</sup> row k12, p3, k12

13<sup>th</sup> row k4, p8, k3, p8, k4

14<sup>th</sup> row k12, p3, k12

15<sup>th</sup> row k4, p8, k3, p8, k4

16<sup>th</sup> row k12, p3, k12

17<sup>th</sup> row k4, p8, k3, p8, k4

18<sup>th</sup> row k12, p3, k12

19<sup>th</sup> row, k4, p8, k3, p8, k4

20<sup>th</sup> row k6, p15, k6

21<sup>st</sup> row k4, p2, k15, p2, k4

22<sup>nd</sup> row k6, p15, k6

23<sup>rd</sup> row k4, p2, k15, p2, k4

24<sup>th</sup> row k12, p3, k12

25<sup>th</sup> row k4, p8, k3, p8, k4

26<sup>th</sup> row k12, p3, k12

27<sup>th</sup> row k4, p8, k3, p8, k4

28<sup>th</sup> row knit to end

29<sup>th</sup> row k4, p19, k4

30<sup>th</sup> - 35<sup>th</sup> rows garter stitch

cast off; sew in loose ends;





✝ *For those isolated in their homes*

✝ *For those who are lonely and vulnerable*

✝ *for those who are having difficulty managing financially day to day with all they need for their families*

✝ *for King Charles and the Royal Family at this trying time*

✝ *for those who are sick, especially those whose illness is long term and demands much patience to bear*

✝ *for all whose lives have been touched by tragedy, whether by accident or a deliberate act*

✝ *for those who have died and those whose anniversaries fall at this time*

✝ *for those who work in the social services, caring professions and in voluntary work*

✝ *for the children preparing for exams*

## A prayer for February

Father, In this coldest and shortest of months, this month when traditionally thoughts turn to love and the promise of Spring, help us to be thankful and steadfast and to see Your bigger picture in what is sometimes a frightening world, a world where love between nations seems to be in short supply and the future uncertain.

We pray for all those whose lives are in turmoil through a lack of love and justice. Help us to remember the great love You have for Your world and Your people, so great that You sent Jesus to show us how to live, how to love and how to overcome the troubles of the world.

Thank you that Your love is stronger than the forces of evil, stronger than death. Help us to put our trust in Jesus, to keep our focus on Him, knowing He will never leave us or forsake us. Thank you that His love is stronger than the forces of evil, stronger than death. In his name, Amen.

By Daphne Kitching

# Answers

		P	R	O	S	P	E	R	I	T	Y	
P		R		V		A		E		I		
R	A	I	S	I	N	S		A	D	M	I	T
O		D		D		T		F		O		R
V	I	E	W		C	O	N	F	E	T	T	I
I				K		R		I		H		D
D	I	S	T	I	L		G	R	O	Y	N	E
E		A		N		S		M				N
N	A	V	I	G	A	T	E		W	H	I	T
C		I		S		A		R		A		I
E	N	O	C	H		T	R	O	D	D	E	N
		U		I		U		M		E		E
	P	R	O	P	H	E	T	E	S	S		

ACROSS: 1, Prosperity. 7, Raisins. 8, Admit. 10, View. 11, Confetti. 13, Distil. 15, Groyne. 17, Navigate. 18, Whit. 21, Enoch. 22, Trodden. 23, Prophetess.

DOWN: 1, Pride. 2, Ovid. 3, Pastor. 4, Reaffirm. 5, Timothy. 6, Providence. 9, Tridentine. 12, Kingship. 14, Saviour. 16, Statue. 19, Hades. 20, Rome.

Crosswords reproduced by kind permission of BRF and John Capon, originally published in Three Down, Nine Across, by John Capon (£6.99 BRF)

4	8	5	6	2	7	3	9	1
9	1	6	8	3	4	2	7	5
7	2	3	9	1	5	8	4	6
2	5	9	4	8	6	7	1	3
8	3	4	1	7	2	5	6	9
1	6	7	3	5	9	4	2	8
6	9	2	5	4	8	1	3	7
5	4	1	7	6	3	9	8	2
3	7	8	2	9	1	6	5	4



# Services & Parish information

## Readings & Services for Veryan

Date /(Sunday number)	Time	Feast / Festival	Service	Clergy / Leader	Readings	Reader
4th Feb	11:00	Epiphany 5	Eucharist	Fr Doug	Malachi 3, 1-5	John V
		Hera Service & Candlemas			Hebrews 2, 14-18	Julia
11th Feb	11:00	Epiphany 6	Eucharist	Fr Doug	2 Kings 2, 1-12	Margaret
		Quinquagesima			2 Corinthians 4, 3-6	Sue Jeremy
18th Feb	11:00	Lent 1	Eucharist	Revd Linda Whetter	Genesis 9, 8-17	Chris
					1 Peter 3, 18-22	Sue T
25th Feb	11:00	Lent 2	Matins or Service of the Word	D Hughes	Genesis 17, 1-7 & 15, 16	Julia
					Romans 4, 13-25	Pippa
3rd March	11:00	Lent 3	Eucharist	Fr Doug	Exodus 20, 1-17	Doreen
					1 Corinthians 1, 18-25	Dave S
10th March	11:00	Lent 4	Eucharist	Fr Doug	1 Samuel 1, 20-28	Blair
		Mothering Sunday			Colossians 3, 12-17	Margaret
17th March	11:00	Lent 5	Eucharist	Revd Martyn Pinnock	Jeremiah 31, 31-34	Chris
		Passion Sunday			Hebrews 5, 5-10	Sue T
24th March	11:00	Palm Sunday	Eucharist and liturgy of the Word	Fr Doug	Isaiah 50, 4-9a	John
					Philippians 2m, 5-11	Julia
THURS 28th March	19:00	Maundy Thursday	Eucharist	Fr Doug	Exodus 12, 1-4 & 11-14	
					1 Corinthians 11, 23-26	
FRIDAY 29th March	TBC	Good Friday		Fr Doug		
31st March	11:00	Easter Day	Eucharist	Fr Doug	Acts 10, 34-43	Sue T
			Sunrise service 06.30	Douglas and Penny	1 Corinthians 15, 1-11	Margaret

## Services for Ruan Lanihorne & Portloe

Date /(Sunday number)	Feast / Festival	Ruan Lanihorne	Service	Time	Portloe	Service	Time
4th Feb	Epiphany 5	Fr Doug Robins	Holy Communion	9.30am		Morning Worship	10.30am
11th Feb	Quinquagesima					Morning Worship	10.30am
18th Feb	Lent 1	David Hughes	Matins	9.30am		Morning Worship	10.30am
25th Feb	Lent 2				Revd Douglas Wren	Holy Communion	10.30am
3rd March	Lent 3	Fr Doug Robins	Holy Communion	9.30am		Morning Worship	10.30am
10th March	Lent 4 Mothering Sunday					Morning Worship	10.30am
17th March	Lent 5	David Hughes	Matins	9.30am		Morning Worship	10.30am
24th March	Palm Sunday				Fr Doug Robins	Holy Communion	10.30am
FRIDAY 29th March	Good Friday	Fr Doug Robins noon			Fr Doug Robins 10 am		10.30am
31st March	Easter Day	Fr Doug Robins	Holy Communion	9.30am		Morning Worship	10.30am

**VERYAN**  
**(St Symphorian) Parish Church**  
**Churchwardens**  
 Julia Pound, Calendra Farm  
[churchwarden@veryanchurch.org.uk](mailto:churchwarden@veryanchurch.org.uk)  
 Pippa Stephens, Cherry Tree Cottage  
[churchwarden1@veryanchurch.org.uk](mailto:churchwarden1@veryanchurch.org.uk)

**Hon. Secretary**  
 Mandy Holloway  
[secretary@veryanchurch.org.uk](mailto:secretary@veryanchurch.org.uk)  
**Treasurer**  
 Mrs Carol Hughes  
 Castle Towers  
 Ruan Lanihorne  
 [501855]  
[treasurer@veryanchurch.org.uk](mailto:treasurer@veryanchurch.org.uk)

**PORTLOE**  
**(All Saints) United Church**  
**Church Steward**  
 Mr Trounce Guy  
 Pengelly Farm  
 West Portholland [501471]  
**Hon. Secretary**  
 Mrs Jeanne Hitchings  
 End Cottage, Portloe [501114]  
**Hon. Treasurer**  
 Mrs Joyce Gilbert  
 Porthjulyan  
 Pendower Road  
 Veryan [501365]

**RUAN LANIHORNE**  
**(St Rumon) Parish Church**  
**Churchwardens**  
 Mr David Hughes  
 Castle Towers  
 Ruan Lanihorne  
 [501855]  
 Mrs Caroline Martin [501697]  
**Hon. Secretary**  
 Mrs Holly Ledson  
**Hon. Treasurer**  
 Mrs Carol Hughes